

# Preschool Dance Classes

## LITTLE MOVERS

This class is a creative movement class that invites the parents into class to participate with their little ones, ages 18 mo.-2 ½ years old. They will explore rhythm and movement similar to our tiny tots class with the company of an adult. They will learn through the use of props and games while teaching our little movers the terminology of ballet. This class helps prepare the child for the next level, getting them comfortable to participate in dance class on their own.

## TWIRLING TUMBLERS

Twirling Tumblers is the perfect class for children ages 3-5 who are interested in exploring both dance and cheer tumble all in one class! This class is not only filled with dance and tumbling, but also fun, music and games.

## GYM JAMMERS

Students will dance and tumble through this 1.5 hour class as they explore ballet, creative movement, and gymnastics fundamentals. Students will also learn basic dance and gymnastics terminology and enjoy fun games and music. Gym Jammers is open to boys and girls ages 3-5. Students must be potty trained.

## PRE BALLET/TAP 1

This class is geared towards our 3-4 year old beginning dancers and introduces the basics of ballet and tap technique in a fun, creative environment.

## PRE BALLET/TAP 2

This class is geared towards our 4-5 year old dancers and incorporates all the basics of Pre Ballet/ Tap 1, as well as some more advanced movement and skills to be introduced. This class will help prepare children for the transition from our preschool program to our mini program.

## TINY TOTS CREATIVE MOVEMENT

Introduce your 2-3 year old dancer to ballet and tap. This is a 45 minute creative movement class that explores rhythm and movement associated with these two forms of dance. We will use various props and games while teaching our tots the terminology of ballet and tap. In addition, we will explore how our body moves and what body parts to use to accomplish a variety of ballet and tap steps.

## COMBO CLASSES

Each of our combo classes will focus on the basics of dance and will teach young dancers a variety of dance styles such as Ballet, Tap, Jazz and Pom. We currently offer combo classes in Pom/Jazz, Ballet/Jazz and Jazz/Tap.

## HIP HOP

Hip Hop dance classes will work on all facets of Hip Hop culture, from the old school street basics to the current styles and choreography of today. Hip hop dancers will learn how to isolate their body and move to a syncopated rhythm. Dancers will work across the floor, center-floor and incorporate basic Hip Hop tricks.

## CLASS & REGISTRATION INFORMATION

Session 5 runs for 10 weeks from October 13-December 21, 2019.

*(Gym closures on November 28 for Thanksgiving and December 22-December 31 for Winter Break)*

### Session 5 Tuition:

45 Minutes/week.....	\$150.00	55 Minutes/week.....	\$180.00
1 hour & 25 Minutes/week.....	\$265.00	1 hour & 55 Minutes/week.....	\$330.00

## (RR) REC REWARDS

Represents classes that will participate in our Rec Rewards end of session presentation. The last week of every session is reserved for Rec Rewards. Parents are invited in during the end of class for ribbons and talking about the success of our athletes.

Rec Rewards will be held **December 15-21**.

## ANNUAL MEMBERSHIP FEE

Each student must pay an annual membership fee of \$50 per student or \$75 per family in order to participate in a Peak class. This fee is paid annually & covers administrative & insurance costs.

## FREE TRIAL CLASS & MAKE-UP CLASSES

Peak Athletics allows one free trial class. Once a student is enrolled, there will be NO REFUNDS allowed unless a student is injured or has a severe illness. Each student is allowed to schedule three make-up classes per ten-week session. Make-ups must be completed in the same session & the student must be actively enrolled.

## FOR MORE INFORMATION:

Contact Member Services at 303-797-8082 or [info@peakathletics.net](mailto:info@peakathletics.net). To reach the Recreational Preschool Dance Coordinator, email **Misty Little** at [MLittle@peakathletics.net](mailto:MLittle@peakathletics.net). To reach the Recreational Dance Director, email **Steven Thornton** at [SThornton@peakathletics.net](mailto:SThornton@peakathletics.net). Visit our website at [www.PeakAthletics.net](http://www.PeakAthletics.net)

## IMPORTANT ADDRESS INFORMATION:

### Peak Main facility:

399 Dad Clark Drive, Highlands Ranch, CO 80126

### Training Center:

8000 South Lincoln Street, Unit 8, Littleton, CO 80122

*On occasion, for special events, classes may be relocated to the Training Center. Notification will be given if there are any adjustments to be made.*

## LITTLE MOVERS (AGES 18 mo.-2 ½ ) (RR)

(P) Friday 8:30-9:15am Studio A

## TWIRLING TUMBLERS (AGES 3-5) (RR)

(P) Thursday 11:00am-12:30 pm Studio A

## GYM JAMMERS (AGES 3-5) (RR)

Tuesday 10:15-11:45am Studio A

(P) Wednesday 10:15-11:45am Studio A

Friday 9:15-10:45am Studio A

(P) Friday 12:30-2:00pm (ages 5-6) Studio A

Saturday 11:15am-12:45pm Studio B

## TINY TOTS CREATIVE MOVEMENT (AGES 2-3) (RR)

(P) Tuesday 9:30-10:15am Studio A

Friday 11:00-11:45am Studio A

Saturday 10:15-11:00am Studio B

## PRE BALLET/ TAP 1 (AGES 3-4) (RR)

Friday 10:00-11:00am Studio A

Saturday 9:15-10:15am Studio A

## PRE BALLET/ TAP 2 (AGES 4-5) (RR)

(P) Monday 4:30-5:30pm Studio B

(P) Saturday 10:15-11:15am Studio A

## COMBO CLASSES (AGES 3-5) (RR)

### BALLET/JAZZ

Tuesday 4:30-5:30pm Studio 3

Thursday 9:00-10:00am Studio A

### POM/JAZZ

Thursday 5:30-6:30pm Studio 3

Saturday 8:15-9:15am Studio B

## HIP HOP (AGES 3-5) (RR)

(P) Tuesday 1:00-2:00pm Studio A

Tuesday 5:30-6:30pm Studio 3

## STUDIO KEY

Studio's A & B are located at the main Peak facility.

Studio's 1, 2, & 3 are located at the Training Center.

**(RR) Represents classes that will participate in our Rec Rewards end of session presentation.**

(P) Represents a **pending** class. If you are interested in one of these classes, ask about our wait-list options.

(\*) **Requires approval** from our Rec Dance Director.

(\*\*) Represents a **drop-in and pay per class**. No enrollment required.

Dancers develop at different rates and progression is based upon a variety of considerations including, but not limited to consistency in execution, muscle tone, and maturity. Dancers should expect to remain in a single level from one to two years.