

PEAK ATHLETICS **NOVICE** 2019-2020 **CHEER PROGRAM**



EST. 1999

EVALUATIONS BEGIN SEPTEMBER 2019

www.PeakAthletics.net • 399 Dad Clark Dr • Highlands Ranch • CO • 303-797-8082

Join the Peak Athletics Family!

Thank you for your interest in the All Star Novice Cheer Team Program at Peak Athletics! Our organization has been committed to excellence since its inception in 1999, and we intend to continue that tradition in the 2019 - 2020 season.

This year, we are thrilled to be celebrating our 20th season of All Star Cheerleading Teams here at Peak, and we are honored to have you join us for this exciting season. I personally, have had the privilege of being involved at Peak for 17 of those 20 seasons, and can tell you that I'm more excited than ever with the direction our program is going.

All Star Cheerleading has grown and developed for more than 20 years to become an extremely athletic and competitive sport. At Peak, we push our athletes to reach their greatest potential while trying to teach life lessons that will stay with the kids well beyond their years in the gym.

We are grateful to train in a beautiful 24,000 square foot facility and share our space with two other competitive programs, Dance and Gymnastics. Being part of the Peak Family affords us the opportunity to take advantage of our expert coaches in all three disciplines to give our athletes the opportunity to be well-rounded in all aspects of our sport. Most importantly, it triples the size of our support system and gives our athletes and families an even larger group with whom to develop life-long relationships!

Being a part of our program is a significant commitment, and one which we encourage you to consider all aspects of prior to committing. Our financial commitment is outlined in detail in the following pages. If you have individualized questions regarding this topic, please feel free to reach out so we can ensure you head into the season fully aware of the commitments. In addition to the financial commitment, there is a significant time commitment for the athletes and their families. These details will be laid out within this packet, but please do not hesitate to reach out if you would like further clarification. We are grateful for your interest in our program and thank you for the opportunity to become a part of your family's life! I look forward to getting to know each of you over the coming months and encourage you to contact me with any questions you have.

Sincerely,

Cheslea Kouzmanoff | All Star Cheer Director
CKouzmanoff@peakathletics.net

Gym Information:

Peak Athletics, 399 Dad Clark Drive, Highlands Ranch, CO 80126
303-797-8082 (gym) 303-797-5422 (fax) www.peakathletics.net



“Helping today’s youth achieve their personal best through our commitment to instill *respect, structure and confidence* in each athlete within a fun and safe environment.”



Informational Parent Meeting

September 8, 2019 at 10:00 am in Studio B!

Evaluation Information

Athlete evaluations for ages 3- 18, will take place on Sunday, September 8, 2019. All evaluated athletes will be placed on a team. When you submit your online Evaluation Registration, you will select a 30 minute block of time to bring your athlete in to be evaluated by our coaching staff. Once evaluations have been completed, team placements will be sent out via email in the following days along with practice times.

Registration Information

EVALUATION REGISTRATION AND EVALUATION SCHEDULING WILL BE ONLINE! There is a non-refundable \$25 registration fee. Visit bit.ly/PeakNoviceCheer2019 to register for a time slot. Registration for evaluations will remain open until September 8, after which time; a private evaluation will need to be scheduled.

Time Commitment

- The 19-20 Novice season will run from September 2019 to March 2020
- Athletes will attend practice once a week on Sundays for one and a half hours
- First practice will be September 15.
- All Novice athletes will receive one Rec Tumbling Class at a discounted rate of 50% off Session Tuition. No credits given for non-enrolled or non-attended discounted rec classes. Registration for these classes must be done through our Tumbling Director, Jordan Howard, at: jhoward@PeakAthletics.net once teams have been announced and commitments have been signed.
- Athletes should plan to attend an additional practice the week leading up to a performance.
- All Novice athletes will perform at four to five local events beginning in late Fall.
- Additional time commitments could include, but are not limited to, dress rehearsals, team bonding events, team photos and the end of season banquet.

Financial Obligations

Thank you for your careful consideration of the financial commitment involved with participating in our Competitive Novice Cheer Program. At Peak Athletics, we are upfront with our costs. We have an "all-inclusive" monthly price that covers the expenses that the athlete will normally incur throughout the year. Your monthly fees will be made of "Team Tuition" and "Team Fees." Team tuition covers practice time. Team fees cover performance entry fees, support staff, banquet, team photos, music, USASF membership and various other expenses. Team fees are non-refundable for any reason. All Peak families are required to pay the yearly registration fee of \$50 per athlete or \$75 per family.

Monthly Fees:

\$160/month

\$60/month tuition and \$100/month team fees

Payment

All Novice Cheer families are required to have a credit card on file for the upcoming Novice Cheer season. This credit card will be used to pay for all team tuition, team fees, and team uniforms. Each family can pay prior to all due dates with any form of payment. For team tuition and team fees, your card will be charged on approximately the 25th of each month.

Uniforms

Novice teams will perform in a custom Varsity All Star tank top and shorts. We will be utilizing the same black and gray practice tank and the same performance tank top and shorts from last season. Returning athletes will not be required to purchase new uniform or practice pieces. All athletes will be required to purchase our program black cheer shoes and hair accessory. A warm up jacket, backpack and make up will be available to purchase as optional items.

The **total cost** for all required items (performance outfit, shoes, hair accessory and practice tank) will not exceed **\$300** before tax and shipping. Uniforms and all related accessories are non-refundable for any reason. 50% of the cost of total order will be due at the time of the uniform fitting in September (exact date and time TBD) and the remaining balance will be due October 25, 2019.

Tumbling Requirements

Level 1

Jumps	Standing Tumbling	Running Tumbling
<ul style="list-style-type: none"> • Toe Touch 	<ul style="list-style-type: none"> • Handstand Forward Roll • Backward Roll to Plank • Back Walkover • Front Walkover 	<ul style="list-style-type: none"> • Cartwheel • Roundoff • Cartwheel Back Walkover • Front Walkover Cartwheel

Level 2

Jumps	Standing Tumbling	Running Tumbling
<ul style="list-style-type: none"> • Toe Touch 	<ul style="list-style-type: none"> • Back Handspring • Front Walkover BHS • Back Walkover BHS 	<ul style="list-style-type: none"> • RO 2 BHS • Front Walkover RO BHS

Level 3

Jumps	Standing Tumbling	Running Tumbling
<ul style="list-style-type: none"> • Toe Touch BHS 	<ul style="list-style-type: none"> • 2 BHSs 	<ul style="list-style-type: none"> • RO BHS Tuck • Front Walkover RO BHS Tuck • Punch Front • Ariel

*BHS= Back Handspring

*RO= Round Off

*BWO= Back Walkover

*FWO= Front Walkover