

# Ninja / Tramp & Tumble Pre-K Classes

## NINJA / TRAMPOLINE & TUMBLE CLASS (AGES 3-5)

These classes are a combination of ninja, trampoline, and tumbling for preschoolers and will challenge your child to continue to grow socially and physically. The emphasis of this class will be on balance/coordination, strength, flexibility, cardio, hanging/swinging/climbing movements, tumbling skills, and trampoline skills. In addition, students in these classes will work towards speed and accuracy through the ninja circuits and learn how to persevere and overcome challenges. Basic tumbling skills such as forward/backward rolls, handstands, cartwheels, and bridges will be introduced along with trampoline skills such as tuck jumps, straddle jumps, seat drops, doggy drops, etc. Open to both boys and girls ages 3-5.

**\*\*Must be potty trained**

## NINJA / TRAMP / TUMBLE (RR)

### MONDAY

11:00-11:55 am

### TUESDAY

1:30-2:25 pm

### WEDNESDAY

1:00-1:55 pm

### FRIDAY

12:00-12:55 pm

1:00-1:55 pm

### SATURDAY

12:30-1:25 pm

(P) Represents a pending class. If you are interested in one of these classes, ask about our wait-list options.

(\*) Requires approval from our Program Director.

## CLASS & REGISTRATION INFORMATION

Session 3 runs for 9 weeks from May 22 – July 30, 2022.

*(Gym closures on May 30 for Memorial Day and June 26-July 4 for Summer Break)*

### 9-Week Session Tuition:

45 Minutes/week.....	\$143.10	55 Minutes/week.....	\$171.00
1 hour & 25 Minutes/week.....	\$251.10	1 hour & 55 Minutes/week.....	\$314.10

**\*Payment will be broken into two installments due May 16 and June 20.**

### (RR) REC REWARDS

Represents classes that will receive a Rec Rewards ribbon for their class participation at the end of the session.

### MAKE-UP CLASSES

A makeup token will be automatically generated for **one missed class per month**. Additional tokens will be generated for cancelled classes. Tokens may be redeemed within 60 days for classes in the same program and class level via the customer portal. A confirmed makeup reserves a spot for an athlete. Due to the limited numbers of athletes permitted, same day makeup class cancellations or missed makeup classes will not be rescheduled. Athletes must be actively enrolled to schedule and participate in makeup classes.

### REQUIREMENTS

Ages 3-5

Must be potty trained.

### ANNUAL MEMBERSHIP FEE

Each student must pay an annual membership fee of \$50 per student or \$75 per family in order to participate in a Peak class. This fee is paid annually & covers administrative & insurance costs.

### FOR MORE INFORMATION

Contact Member Services at 303-797-8082 or [info@peakathletics.net](mailto:info@peakathletics.net). To contact the Preschool Programs Director, email

**Alicia Akiyama** at [aakiyama@peakathletics.net](mailto:aakiyama@peakathletics.net).

Visit our website at: [www.PeakAthletics.net](http://www.PeakAthletics.net)



Class QR