

PEAK
ATHLETICS

HALF YEAR ELITE PROGRAM

2019-2020



EVALUATIONS BEGIN SEPTEMBER 2019

www.PeakAthletics.net • 399 Dad Clark Dr • Highlands Ranch • CO • 303-797-8082

Thank you for your interest in the Half Year Cheer Program at Peak Athletics! Our organization has been committed to excellence since its inception in 1999, and we intend to continue that tradition with this exciting new program. All Star Cheerleading has grown and developed for more than 20 years to become an extremely athletic and competitive sport. At Peak, we push our athletes to reach the highest of their potential while trying to teach life lessons that will stay with them well beyond their years in the gym. We realize that both the financial and time commitments of the All Star Cheer program can prevent athletes from participating. It is our hope that this new Half Year Program will help bring All Star back as a viable option for those athletes.

We are grateful to train in a beautiful 24,000 square foot facility and share our space with two other competitive programs, Dance and Gymnastics. Being part of the Peak Family affords us the opportunity to take advantage of our expert coaches in all three disciplines to give our athletes the opportunity to be well-rounded in all aspects of our sport. Most importantly, it triples the size of our support system and gives our athletes and families an even larger group of people to develop life-long relationships!

Being a part of our program is a commitment that we encourage you to consider all aspects of prior to choosing to be evaluated. Our financial commitment is outlined in detail in the following pages. If you have specific questions regarding this topic, please feel free to reach out so we can ensure you head into the season fully informed. In addition to the financial commitment, there is a time commitment for the athletes and their families. These details will be laid out within this packet, but please do not hesitate to reach out if you would like further clarification. We are grateful for your interest in our program and thank you for the opportunity to become a part of your family's life and look forward to getting to know each of you over the coming months. Please feel free to reach out with any questions you may have!

Sincerely,
Chelsea Kouzmanoff | All Star Cheer Director
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“Helping today’s youth achieve their personal best through our commitment to instill:
respect, structure and confidence
in each athlete within a fun and safe environment.”



Financial Responsibilities & Obligations

Thank you for your careful consideration of the financial commitment involved with participation in our program. At Peak Athletics, we are upfront with our costs. We have a monthly price that covers the expenses that each athlete will incur throughout the year. Your monthly fees are made up of Team Tuition and Team Fees. **Team Tuition** covers team practices. **Team Fees** cover all other fees associated with being on a competitive team minus travel expenses and uniform. These fees will be divided evenly throughout the season. Accounts are assessed monthly charges from October 2019 through March 2020. Once selected for a team, each athlete is financially committing to the season. Team fees are non-refundable for any reason. *Athletes choosing to do Half Year in addition to Full Season Elite will receive 50% off tuition.

TUITION & FEES

\$190/ Month

\$85 Tuition

\$105 Team Fees

Payment: All team families are required to have a credit card on file for the upcoming team season. This credit card will be used for ALL payments including tuition, team fees, uniforms, annual membership and travel. Each family can pay prior to all due dates with any form of payment. For tuition and team fees, your card will be charged on the 26th of each month. All other payments will be processed on or after the due date specified on your monthly statement. In the event your credit card is declined, a new/valid card must be placed on file immediately. Past due charges are subject to late fees.

Peak offers a 5% tuition discount to families who choose to pay the full season's tuition in full by October 25, 2019.

Membership Fee: An annual membership fee of \$50 per athlete or \$75 per family will be assessed on each family's anniversary date and charged to your credit card on file. If your athlete is on a high school team that tumbles at Peak, the membership has already been paid and will not be assessed again.

Competition Attire: All athletes will be required to have practice attire, competition clothing and accessories. These items include: Practice Top, Uniform (same as 2018-2019 Season), Hair Accessory and Cheer Shoes. Uniform expenses will be divided into two equal payments due in October and November. Athlete uniform costs will not exceed \$400 for all required pieces.

Fundraising and Scholarship Opportunities

Peak is proud to offer scholarship opportunities and a strong fundraising program to help offset costs for those wishing to participate.

Peak Booster Club: The Peak Booster Club offers families an opportunity to offset expenses with fundraising efforts.

Kristi Cutright Scholarship: The Peak Booster Club is proud to offer a scholarship opportunity to athletes based on an application and selection process. This opportunity is available in late fall.

Time Commitments

Half Year Teams will practice one time per week (Sundays) through February. A second practice will be added in the month of March 2020.

Nationals Travel

Peak is thrilled to offer the opportunity for our Half Year program to attend The American Championships in Anaheim, CA at the beginning of April with the entire Peak Cheer Family.

Travel Fees & Requirements

- Travel expenses for National events will be approximately \$1,300 per athlete. This fee includes athlete registration, flight, hotel, and coaches' expenses. Travel installments for National trips will begin in January.
- Athletes are required to stay under the Peak Hotel Travel Package

TEAM EVALUATIONS

Evaluation Description

EVALUATION REGISTRATION AND EVALUATION SCHEDULING WILL BE ONLINE!

Visit bit.ly/PeakHalfYearCheer2019 to register.

Athletes are being evaluated to be part of the Peak Athletics Half Year program, not on a specific team or for a specific position. Our teams are built based on score sheet requirements for each IASF level. Your athlete will be assigned to a team based on true skill level, and team need. Half Year teams are open to athletes between the ages of 10 - 18 within 2020. A minimum of 16 athletes are required to form a team.

All athlete accounts must be paid in full prior to being evaluated for the 2019-2020 season.

We try to make the team evaluation process as low stress as possible. Athletes will be given numerous opportunities to demonstrate skills they have mastered throughout the evaluation process.

Evaluation Requirements

All tumbling skills listed by level in the attached chart are required for an athlete to be considered at that level. If an athlete does not meet all the qualifications/requirements, but has mastered most of the level skills, placement on a team at that level may be considered individually based on stunting ability, performance quality and the needs of that specific team.

Team placements are fully at the discretion of the All Star Cheer Director and coaching staff. Final placements will be made keeping the overall success of the teams and the safe progression of the children as athletes in mind. *Prior placement on a level is no indication of where athletes will be placed in the future.*

Evaluation Check-In Process

- Athletes must arrive 10 minutes prior to evaluation time.
- Athletes will have a photo taken.
- Athletes will be escorted into the gym for warm up and evaluation.

Evaluation Attire

- Black tank top and black shorts (midribs may not show)
- Cheer shoes or tennis shoes
- No jewelry
- Hair pulled away from the face in a high ponytail or braids
- Makeup is suggested but not required

Evaluation Viewing Area

To avoid distractions, viewing areas (both balcony and lobby) will be closed to all cheer families during the entire evaluation process. The viewing areas will reopen on a *limited basis* to our cheer families during team practices. Violation of this policy may result in immediate dismissal from the evaluation process.

Evaluation Fee

\$25 per athlete.

**This fee is non-refundable*

Parent Info Meeting: September 22 at 12:00pm
Evaluations: September 22, 2019
First Team Practice: September 29, 2019

PEAK HAS SOMETHING FOR EVERYONE!

RECREATIONAL CLASSES



Peak is proud to offer more than 30 classes each week in our Recreational Cheer Department. Whether your athlete is looking to learn the basics of cheerleading or wanting to progress their tumbling skills, we have something to offer athletes at all levels aged 3-18.

NOVICE CHEER TEAMS



Is your child looking for more than a Rec Class, but not quite ready for the commitment that comes with All Star Elite? Our Novice Teams could be the perfect fit! With a season from September-April, our Novice Teams practice once per week and perform 4-5 times throughout the season. Information is available now.

OPEN GYM

Tuesdays and Thursdays 8:30 - 9:30 pm

\$8/MEMBER OR \$12/NON MEMBER PER OPEN GYM

NO CREDITS OR REFUNDS | MUST HAVE WAIVER ON FILE



Tumbling Requirements

Level 1

Jumps	Standing Tumbling	Running Tumbling
<ul style="list-style-type: none"> 2 Connected Jumps 	<ul style="list-style-type: none"> Handstand Forward Roll Backward Roll to Plank Back Walkover Front Walkover 	<ul style="list-style-type: none"> Cartwheel Roundoff Cartwheel Back Walkover Front Walkover Cartwheel

Level 2

Jumps	Standing Tumbling	Running Tumbling
<ul style="list-style-type: none"> 2 Connected Jumps to 2 BHS 	<ul style="list-style-type: none"> BHS, pause, BHS Step Out Front Walkover BHS BHS Step Out Back Walkover BHS 	<ul style="list-style-type: none"> RO 3 BHS Front Walkover RO BHS Rebound Half Turn RO BHS

Level 3

Jumps	Standing Tumbling	Running Tumbling
<ul style="list-style-type: none"> 2 Connected Jumps to 2 BHS 	<ul style="list-style-type: none"> 3 BHSs BHS Toe Touch 2 BHS 	<ul style="list-style-type: none"> RO BHS Open Tuck Front Walkover RO BHS Tuck Punch Front, Stick, RO BHS Tuck Ariel RO BHS Rebound Half Turn RO BHS Tuck

Level 4

Jumps	Standing Tumbling	Running Tumbling
<ul style="list-style-type: none"> 2 Connected Jumps to BHS Tuck Jump BHS Tuck 	<ul style="list-style-type: none"> Standing Tuck, tum, Standing Tuck BHS, BHS, Tuck 	<ul style="list-style-type: none"> Cartwheel Tuck RO BHS Layout RO X-Out RO Whip 2 BHS Layout/Tuck Front Walkover through to Layout Punch Front through to Layout/Tuck RO BHS Whip Punch Layout/Tuck RO BHS Layout Step Out Front Handspring Front Tuck

Tumbling Requirements

Level 5

Jumps	Standing Tumbling	Running Tumbling
<ul style="list-style-type: none"> • 2 Connected Jumps to Tuck • 1 Jump to BHS, BHS Layout 	<ul style="list-style-type: none"> • Standing Whip Pass to Layout • 1 BHS Layout 	<ul style="list-style-type: none"> • RO BHS Full • Front Walkover through to Full • Punch Front through to Full • RO Arabian • RO Whip through to Full • Front Handspring Front Tuck through to Full

*BHS = Back Handspring

*RO= Round Off

*BWO= Back Walkover

*FWO= Front Walkover